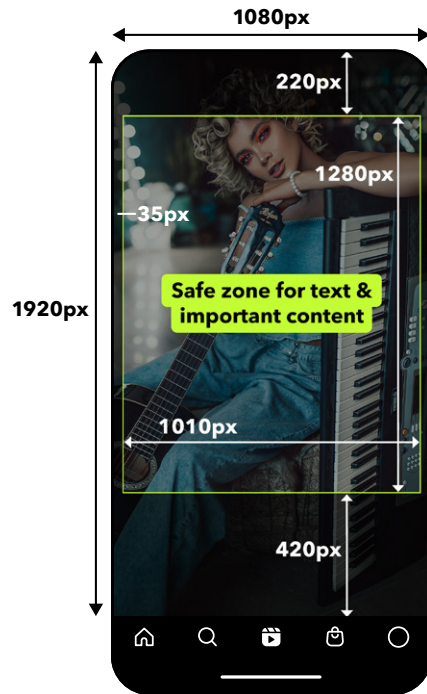


# Instagram Reels Specs Reference Guide



INSTAGRAM REELS  
OVERALL SPEC:  
**1,080 pixels x  
1,920 pixels**

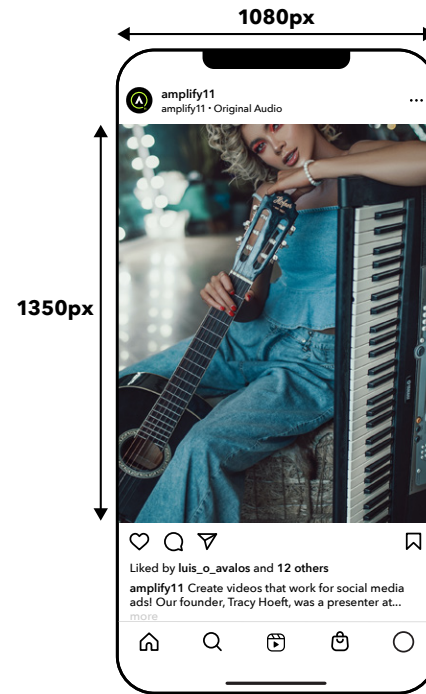
ASPECT RATIO  
**9:16**



INSTAGRAM REELS  
TEXT SAFE AREA:  
**1,010 pixels x  
1,280 pixels**

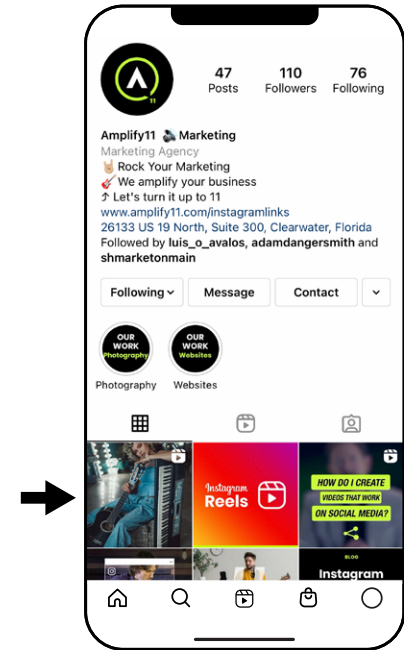
Avoid placing text in the  
upper 220px, lower 420px,  
and left/right 35px

ASPECT RATIO  
**Approx 4:5**



INSTAGRAM REELS  
FEED VIEW:  
**1,080 pixels x  
1,350 pixels**

ASPECT RATIO  
**4:5**



INSTAGRAM REELS  
PROFILE VIEW:  
**1,080 pixels x  
1,080 pixels**

ASPECT RATIO  
**1:1**